

Restaurant
by the Sea

Ren
Mor

7.30am – 10.30am

Prices include VAT
at current rate.

BREAKFAST

£30 per adult

£15 per under 12

*£10 per adult and £5 per child supplement for cottage B&B guests
wishing to dine for breakfast in RenMor*

Fresh juices

Tea or coffee

Chilled Cornish water

Why not enjoy some
sparkling at breakfast
with a glass of

Taittinger
champagne – 16

From the Continental buffet

Seasonal fruits salad  

Headland bircher muesli 

Homemade granola, chilled, coconut and almond milk 

Breakfast cereals  

Greek yoghurt pot  

Berry compote and/or granola

Croissants, pains au chocolat and Danish pastries 

Selection of Cornish charcuterie and cheeses


Porridge available on request

*For diners with special dietary requirements, please let
us assist you. We have gluten/dairy free cereals, bread,
spreads, muffins and more.*

 Vegetarian




 Vegan

 Gluten free

 Dairy free

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-  Vegetarian
-  Vegan
-  Gluten free
-  Dairy free


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BREAKFAST

The main event

Smoked salmon and scrambled eggs on toast ( on request)
Or without smoked salmon if preferred (,  on request)

A selection of classic Benedicts ( on request)

Eggs Florentine with spinach 

Eggs Royale with smoked salmon

Eggs Benedict with ham

Avocado on toast

chimichurri (,  on request)

Add poached eggs

Add crispy bacon

Smashed garden peas on sourdough toast (,  on request)

Poached Rosedown hens eggs, crushed green herbs, lemon

Try smashed garden peas instead of avocado – light, fresh, and bursting with flavour. It's a delicious choice with a much lower carbon footprint – good for you and great for the planet

The full Cornish breakfast ( on request)

eggs as you like them, grilled streaky bacon, Phillip Warren's sausage, slow roast tomato, beans, hash brown

Add Cornish hog's pudding

Add black pudding

Vegetarian Cornish breakfast (,  on request)


eggs as you like them, vegetarian sausage, slow roast tomato, beans, field mushrooms, hash brown

Pancakes

streaky bacon and maple syrup

summer berry compote and mascarpone



The main event *for those under 12*

Boiled dippy egg and soldiers 

Beans on toast  ( on request)

Scrambled eggs on toast 

Mini pancake with berries 

Mini Cornish breakfast (,  on request) *an egg as you like it, streaky bacon, sausage, hash brown, beans*