

# <del>HE DECK</del> Breakfast

## À La Carte Fruits, Seeds and Grains

Seasonal fruits, in a chilled lemon verbena infusion 😻 🐸 – 7 Greek yoghurt, fruit, berries, nuts and dark chocolate W V - 8 Homemade granola, with chilled almond milk **№** – 6 **Toasted waffle,** *with autumn fruits, marscapone*  −  **6** Sourdough toast, with butter and preserves  $\sqrt[n]{}$  – 4

#### The Next Event -

The Deck breakfast, sausage, streaky back bacon, poached egg, portobello mushroom, our spicy baked beans, vine tomatoes and a slice of sourdough. ( on request) − 18 The Deck vegetarian breakfast, sliced avocado, poached egg, portobello mushroom, our spicy baked beans, grilled halloumi, vine tomatoes and a slice of sourdough.  $(\heartsuit, \stackrel{\triangle}{=}, \checkmark)$  on request) – 16

Smoked salmon, scrambled eggs, Da Bara rye bread, chives (♠, **\*\*** on request) − **15** 

Avocado on toast, sliced avocado, poached egg, crushed green herbs, sourdough ( $\stackrel{1}{=}$ ,  $\stackrel{1}{\vee}$ ,  $\stackrel{1}{\otimes}$ /  $\stackrel{1}{\otimes}$  on request) – 12 Baked eggs, spiced white beans, chorizo, Rosedown eggs - 13 Bacon sandwich, smoked streaky bacon, sourdough bread – 10

#### The Deck sides

2 smoked streaky bacon rashers \$\infty - 4\$ Fried or poached egg V – 2.8 Avocado W W-4 Portobello mushroom — 2 Smoked salmon 2 - 4 Toasted sourdough 📠 – 1 Danish pastry  $\sqrt{7}$  – 3.2

#### Can't decide what to have?

For £25 you can enjoy our three-course breakfast:

- > start with tea or coffee, a juice and a freshly baked pastry
- > follow with your choice from fruits, seeds and grains
- > finish on a high with something hot from the next event

Under 12s - 12





Wegan





Dairy free

Prices include VAT at current rate. If you have any allergies please inform your server so that we may take good care of your requirements. Please note these dishes are subject to seasonal change.

### **Smoothies**

Berry Burst blackberries,	
blackcurrants, blueberries, banana	6
Organic Sunshine passion fruit,	
pineapple, banana, mango	6
Super Green spinach, avocado,	
apple, spirulina, basil, lime	6
Children's smoothies	4

#### Coffee and teas

Americano	3.35
Cappuccino	3.95
Latte	3.95
Espresso	2.95
Double espresso	3.8
Flat white	3.85
Macchiato	2.95
Mocha	3.95
Babyccino	0.6
The Works hot chocolate,	4.2
cream and marshmallows	
Fusion Tea	3.2

Add a shot of syrup for 0.75 Caramel / Vanilla / Hazelnut

Alternative milks

Coconut / Almond / Oat / Soy

A discretionary 10% service charge will be added to your bill; 100% of your service charge goes directly to our staff.

#### The Headland

Fistral Beach, Newquay, Cornwall, TR7 1EW, England +44 (0) 1637 872 211 | reception@headlandhotel.co.uk www.headlandhotel.co.uk



