



Please inform us if you have an allergy. Whilst we make every effort to ensure that your meals are free from allergens, we cannot guarantee that all traces are eliminated. If you require allergen information, please ask a member of our team.

A discretionary 10% service charge has been added to your bill. 100% of your service charge goes directly to our team.

Dogs with responsible adults are welcome. Paws on the floor at all times!

Snacks

Smoked almonds	6
Marinated olives	6
Burts's crisps	3

Food Menu ~ served 12 - 4.30 pm

Sandwiches

On granary, white or sourdough with crisps & salad

Cornish Smuggler cheese and chive (v)	14
Falafel, hummus, pickles, slaw (vg)	14
Roast chicken, tarragon mayonnaise, gem lettuce	15
Roast beef, caramelised onions, horseradish crème fraiche, rocket	16
Newquay harbour crab, gem lettuce, lobster mayonnaise	23

Homemade soup

Roasted tomato, focaccia bread (v)	9
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Sides

Bread and butter (v) (vg on req)	5
French fries (vg)	6
Cornish sea salt	

Cakes

The Headland Cornish Cream tea	14
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Freshly baked fruit scone and plain scone, Rodda's Cornish clotted cream, Boddingtons strawberry jam served with either a coffee or a pot of tea

Why not treat yourself to one of the delicious cakes, tray bakes and cookies created by our Pastry team.

Cocktails

Cocktails were known as swizzles in 1900, when the Headland first opened its doors and served the grand Victorian guests who stayed.

Seasonal Summer Swizzles

Gin Summer Spritz	15
Jynevra gin, strawberry purée, pineapple, sweet & sour, prosecco	
Spicy Passionfruit Margarita	15
Jose Cuervo gold tequila, triple sec, agave syrup, lime, passionfruit purée, tabasco, Tajin salt rim	
Cornish Sun	15
St. Ives coconut rum, Passoa, sugar, lime, orange	

Classic Swizzles

Moscow Mule	14
Aval Dor vodka, Cornish Navas ginger beer, fresh ginger, Angostura bitters, lime	
Margarita	16
Patron Silver tequila, triple sec, agave syrup, lime	
Daiquiri	14
St. Ives White Water rum, lime	
add strawberry, passionfruit, raspberry	
Cosmopolitan	14
Aval Dor citrus vodka, triple sec, cranberry, lime	
Headland Martini	13
Aval Dor vodka or Jynevra dry gin	
upgrade to Belvedere vodka or Monterey gin	
Classic Champagne Cocktail	18
Taittinger Brut champagne, Hennessy V.S, Angostura bitters, brown sugar	
Negroni	14
Jynevra dry gin, Campari, Campari, Knightor rosso vermouth, orange peel	
Old Fashioned	13
Maker's Mark whisky, Angostura orange bitters, brown sugar, orange peel	
Espresso Martini	15
Aval Dor vanilla vodka, St. Ives coffee liqueur, espresso, vanilla syrup	
La Pelosa	15
Aval Dor vanilla vodka, limoncello, crème de cacao	
Golden Russian	15
Rosemullion gold rum, banana, St. Ives coffee liqueur, chocolate bitters, cream	

No & Low Drinks

	Bottle	
Peroni 0%	5.6	
Doom Bar 0% 	5.7	
Guinness 0%	6.5	
Rattler cider 0% 	6	
Pentire 0% 50ml 	6	
Adrift, Seaward, Coastal Spritz		
	125ml	375ml
Wild Idol 0.5%	12	35
sparkling white or rosé		

Non Swizzles

Coastal Spritz	10
Pentire Coastal 0%, Cornish Navas tonic, orange, bay leaf	
Elderflower Collins	10
Pentire Adrift 0%, elderflower cordial, lemon & soda top	
Strawberry Spritz	10
strawberry purée, elderflower cordial, lime & soda, sweet & sour	
Fistral Sunset	10
orange juice, pineapple juice, sweet & sour, grenadine	

Beer & Cider

	Half Pint	Pint
Offshore pilsner 	3.5	7
Madri	3.5	7
Guinness		7
		Bottle
Peroni GF		5.8
Corona		5.8
Dynamite Valley 		6.8
'Brian' amber ale, 'TNT' IPA		
Wasted Apple cider 		6.8
wasted captain, wasted maid apple and blackberry		
Healey's Cornish Gold cider 		6.5

Wines

Champagne & Bubbles

	125ml	Bottle
Prosecco Di Maria DOC	10	45
Italy		
Knightor Brut Classic Cuvee 	14	75
St. Austell, Cornwall		
Taittinger Brut Reserve NV	18	90
Champagne, France		
Camel Valley Brut 		86
Bodmin, Cornwall		

Rose

	175ml	250ml	Bottle
Mariposa Rosado Garnacha	10	14	40
Spain			
Coeur Clementine	12	15	45
Provence Rose, France			
Amie X Organic Rose	13	17	50
France			

White

	175ml	250ml	Bottle
Sapuri Inzolia Pinot Grigio	9	13	35
Sicily, Italy			
Ke Bonta Cortese	9	13	35
Piemonte, Italy			
Coquille Vermentino	10	14	38
Languedoc, France			
Picpoul de Pinet	10	14	40
Levre Piquant, France			
Kingston Estate Chardonnay	11	15	41
South East Australia			
Kono Sauvignon Blanc	13	17	50
Malborough, New Zealand			

Red

	175ml	250ml	Bottle
Roos Estate Shiraz	9	13	35
Western Cape, South Africa			
Little Eden Pinot Noir	10	14	40
Australia			
Inacayal Malbec	10	14	40
Mendoza, Argetina			
Big Beltie Cabernet Sauvignon	11	15	41
Languedoc, France			
Real Agrado Tinto	11	15	41
Rioja, Spain			
De Natile Primitivo	11	15	41
Puglia, Italy			

Please ask your server for our full wine list,
curated by The Headland Team and our local
wine suppliers

Spirits

Gin

	25ml	50ml
Atlantic Distillery Jynevra 	6.8	13.4
Tarquins 	6.8	13.4
dry gin, rhubarb & raspberry		
Hendricks	7	14
Monterey Helford Dry Gin 	8	16

Vodka

Colwith Farm Distillery Aval Dor 	6.7	13.4
original, citrus, vanilla		
Haku	7	14
Belvedere	7	14

Tequila

Patron Silver	7	14
Patron Reposado	7	14
Patron Anejo	8	16

Rum

St. Ives rum 	6	12
spiced, white water, coconut		
Rosemullion 	6.5	13
dark, gold		
Kraken	6.75	13.5

Whisky

Treguddick No.12 Bourbon 	7	14
Jack Daniels Select Barrel	6	12
Maker's Mark	6.5	13
Woodford Reserve	7	14
Treguddick No.9 Whisky 	7	14
Jamesons	6	12
Laphroaig 10yrs	7	14
Talisker 10yrs	7	14
Johnnie Walker Black Label 12yrs	6.5	13
Johnnie Walker Blue Label 28yrs	22	44

Brandy

Hennessey V.S	6.5	13
Hennessey XO	16	32

Liqueurs

Cointreau	6	12
Grand Marnier	6	12
Disaronno	6	12
Baileys	6	12

Coffees & teas

Americano	4.3
Macchiato	3.75
Cappuccino, Latte, Flat white, Mocha	4.6
Espresso	3.5
Double espresso	4.3
Matcha	4.7
strawberry, raspberry, mango	
Loose leaf tea	3.95
Hot chocolate	4.9
'The Works' hot chocolate,	5.75
cream & marshmallows	
Babyccino	1
Kids hot chocolate	3
espresso cup, cream & marshmallows	

Soft drinks

Still or sparkling water: glass, 1l bottle	3.5/5
Coke, Diet Coke	3.5
Fanta	3.75
Juices	3.5
orange, apple, cranberry, pineapple, grapefruit, tomato	
Healey's Avalade 	3.75
traditional lemonade, sparkling apple, elderflower	
Navas 	3.75
lemonade, tonic, light, botanical tonic	
ginger beer, ginger ale	

 beverages sourced from a selection of Cornwall's finest wineries, breweries and distilleries