

First name:	Other names:	
Surname:		
Address:		
Postcode		
Phone number:		
Email address:		
Date of birth:		
Next of kin (name and contact details):		
Car registration:	Occupation:	
	Occupation: nditions relating to the membership and the general Terms and C Date:	onditions.
I confirm that I have read and understood the Terms and Co	nditions relating to the membership and the general Terms and C	onditions.
I confirm that I have read and understood the Terms and Co Signature: For office use only	nditions relating to the membership and the general Terms and C	onditions.
I confirm that I have read and understood the Terms and Co Signature: For office use only Today's date:	nditions relating to the membership and the general Terms and C	onditions.
I confirm that I have read and understood the Terms and Co Signature: For office use only Today's date: Method paid by:	nditions relating to the membership and the general Terms and C Date:	onditions.
I confirm that I have read and understood the Terms and Co Signature: For office use only Today's date: Method paid by: Joining fee: £175	nditions relating to the membership and the general Terms and C Date: Direct debit	onditions.
I confirm that I have read and understood the Terms and Co Signature: For office use only Today's date: Method paid by: Joining fee: £175 Monthly cost: £175	Date: Direct debit Start date of Direct Debit:	onditions.







Joint membership application form

Address:	Postcode:	
Member (1) First name:	Member (2) First name:	
Other names:	Other names:	
Surname:	Surname:	
Phone number:	Phone number:	
Email address:	Email address:	
Date of birth:	Date of birth:	
Next of kin (name and contact details):	Next of kin (name and contact details):	
Car registration:	Car registration:	
Occupation:	Occupation:	
I confirm that I have read and understood the Terms and 0	Conditions relating to the membership and the general Terms and Conditions.	
I confirm that I have read and understood the Terms and G Signature (1): Signature (2):	Conditions relating to the membership and the general Terms and Conditions. Date: Date:	
Signature (1): Signature (2): For office use only	Date:	
Signature (1): Signature (2): For office use only Today's date:	Date:	
Signature (1): Signature (2): For office use only Today's date: Method paid by:	Date: Date:	
Signature (1): Signature (2): For office use only Today's date: Method paid by: Joining fee: £330	Date: Date: Direct debit	
Signature (1): Signature (2): For office use only Today's date: Method paid by: Joining fee: £330 Monthly cost: £330	Date: Date: Direct debit Start date of Direct Debit:	
Signature (1): Signature (2): For office use only Today's date: Method paid by: Joining fee: £330	Date: Date: Direct debit	





Health (questionnaire			
Name:				
D.O.B:		Age:		
Gender:				
Address	:			
Postcode	2:			
Telepho	ne:			
Mobile:				
Doctor's	name:			
Doctor's	address:			
Doctor's	telephone:			
ackn risk.				
Statement. I have read, understood and completed the health screening questionnaire and confirm that I have answered all questions honestly and that the information given is correct. I am fully aware that it is my responsibility to update in writing any changes to my medical history, personal information or details as any changes occur and I will give this to the membership secretary.				
Signature	e:			
Print nan	ne:	Date:		

How do you help relieve stress?		
Have you had any recent surgery?	Yes 🗌	No 🗌
Are you/have you ever been a cancer patient?	Yes 🗌	No 🗌
Do you wear contact lenses?	Yes	No 🗌
Do you have any skin problems?	Yes	No 🗌
Do you suffer from any allergies, including chlorine?	Yes 🗌	No 🗌
Has your doctor ever said that you have a heart condition and that you should only do physical activity		
recommended by your doctor?	Yes	No .
Do you feel pain in your chest when you do physical activity?	Yes	No 🗌
Do you lose your balance because of dizziness or do you ever lose consciousness?	Yes	No 🗌
Do you have a bone or joint problem that could be made worse by a	Yes	Na 🗆
change in your physical activity?	res	NO L
Do you know of any other reason why you should not do physical activity?	Yes	No 🗌
Are you currently on any medication prescribed by your doctor (e.g. for high blood pressure, heart conditions)?	Yes	No 🗌
Are you or have you been pregnant in the last 6 months?	Yes	No 🗌
Do you suffer from any problems of the lower back (e.g. chronic pain or numbness)?	Yes 🗌	No 🗌
If you answered yes to any of the above health questions please give more detail below:		
Are you a confident swimmer?	Yes	No 🗌
For full Terms and Conditions please view the website www.headlandhotel.co.uk The Headland, Fistral Beach, Newquay, Cornwall, TR7 1EW +44 (0)1637 870 200/870 204		
memberships@headlandhotel.co.uk		

How would you describe your day to day stress level?







O C E A N MEMBER

AND ITS AWARD-WINNING LUXURY FACILITIES

INCLUDES ACCESS TO THE ICONIC HEADLAND HOTEL AND SPA

AquaClub

Three indoor pools which include a 25m pool, children's splash pool, a hydrotherapy pool, sauna and stylish restaurant, The Deck, complete with a stunning central feature fire.

Outside there is a sun terrace, sunset spa surrounded by an edge pool, plus a vitality pool with a focal point of heritage – a Cornish granite menhir.

- Regular members' events and special offers.
- > 10% discount on food and drink (including alcohol) in all bars and restaurants on site 24/7 (subject to availability and limited to parties of six including the member).
- > 10% discount on spa treatments (members only).
- > 10% discount on spa retail products, plus special members' offers at events.
- Discounted hotel stays and complimentary room upgrades (subject to availability).
- A dozen complimentary guest passes, spread out at one per month over the year.
- Celebration gift voucher on your birthday for two glasses of champagne and a box of handmade chocolates.
- Access to the hotel's concierge services.

Spa

- A large tranquil spa with its own swimming pool, hot tub, sauna and Cornish salt steam room – and no children.
- Seven treatment rooms including two couple's rooms, one with a VIP private lounge suite and Rhassoul.
- Life Fitness gym with complimentary induction session.
- Glass studio solely for manicures, pedicures and make up.
- > Dedicated sea view spa restaurant where dining in robes is the norm.

- Comfortable, very cosy and quiet relaxation lounge for snoozing after treatments.
- Private sea view spa terrace for drinks, cocktails and meals.
- Lovely changing rooms in all areas.
- Complimentary use of robes and towels on site.
- Free parking whilst using the facilities in the hotel or Aquaclub (but not when going to the beach!).

Prices				
INDIVIDUAL	JOINT			
JOINING FEE £175	JOINING FEE £330			
MONTHLY COST £175	MONTHLY COST £330			
ANNUAL £1,995 MEMBERSHIP +£175 joining fee £2,170 payment	ANNUAL £3,762 MEMBERSHIP +£330 joining fee £4,092 payment			
12 month contract	12 month contract			

Membership Terms and Conditions apply and these are to be read in conjunction with

the AquaClub and Spa Terms and Conditions - please see the website for details.

The Headland

Fistral Beach, Newquay, Cornwall, TR7 1EW +44 (0)1637 870 200/870 204 memberships@headlandhotel.cv



