



OCEAN

MEMBER

Individual membership application form

First name:

Other names:

Surname:

Address:

Postcode

Phone number:

Email address:

Date of birth:

Next of kin (name and contact details):

Car registration:

Occupation:

I confirm that I have read and understood the Terms and Conditions relating to the membership and the general Terms and Conditions.

Signature:

Date:

For office use only

Today's date:

Method paid by:

Joining fee: **£150**

Direct debit

Monthly cost: **£150**

Start date of Direct Debit:

Annual payment amount: **£1,700**

Photo ID scanned

Today's payment:

Picture taken

Membership number:

Staff name:



OCEAN
MEMBER

Joint membership application form

Joint member information – living at the same address

Address:		Postcode:
Member (1) First name:		Member (2) First name:
Other names:		Other names:
Surname:		Surname:
Phone number:		Phone number:
Email address:		Email address:
Date of birth:		Date of birth:
Next of kin (name and contact details):		Next of kin (name and contact details):
Car registration:		Car registration:
Occupation:		Occupation:

I confirm that I have read and understood the Terms and Conditions relating to the membership and the general Terms and Conditions.

Signature (1):	Date:
Signature (2):	Date:

For office use only

Today's date: _____

Method paid by: _____

Joining fee: £280	<i>Direct debit</i>
Monthly cost: £280	Start date of Direct Debit: _____
Annual payment amount: £3,360	Photo IDs scanned <input type="checkbox"/>
Today's payment: _____	Pictures taken <input type="checkbox"/>
Membership number: _____	Staff name: _____



OCEAN MEMBER

Health questionnaire

Name:

D.O.B:

Age:

Gender:

Address:

Postcode:

Telephone:

Mobile:

Doctor's name:

Doctor's address:

Doctor's telephone:

I confirm I do NOT require a gym induction and acknowledge that use of the gym is at my own risk. The Headland accepts no liability to me for any injury, loss or damaged caused.

Statement. I have read, understood and completed the health screening questionnaire and confirm that I have answered all questions honestly and that the information given is correct. I am fully aware that it is my responsibility to update in writing any changes to my medical history, personal information or details as any changes occur and I will give this to the membership secretary.

Signature:

Print name:

Date:

THE HEADLAND



How would you describe your day to day stress level?

How do you help relieve stress?

Have you had any recent surgery?

Yes No

Are you/have you ever been a cancer patient?

Yes No

Do you wear contact lenses?

Yes No

Do you have any skin problems?

Yes No

Do you suffer from any allergies, including chlorine?

Yes No

Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by your doctor?

Yes No

Do you feel pain in your chest when you do physical activity?

Yes No

Do you lose your balance because of dizziness or do you ever lose consciousness?

Yes No

Do you have a bone or joint problem that could be made worse by a change in your physical activity?

Yes No

Do you know of any other reason why you should not do physical activity?

Yes No

Are you currently on any medication prescribed by your doctor (e.g. for high blood pressure, heart conditions)?

Yes No

Are you or have you been pregnant in the last 6 months?

Yes No

Do you suffer from any problems of the lower back (e.g. chronic pain or numbness)?

Yes No

If you answered yes to any of the above health questions please give more detail below:

Are you a confident swimmer?

Yes No

For full Terms and Conditions please view the website
www.headlandhotel.co.uk

The Headland, Fistral Beach, Newquay, Cornwall, TR7 1EW
+44 (0)1637 870 200/870 204 | memberships@headlandhotel.co.uk



OCEAN MEMBER

INCLUDES ACCESS TO THE ICONIC HEADLAND HOTEL AND SPA
AND ITS AWARD-WINNING LUXURY FACILITIES

AquaClub

Three indoor pools which include a 25m pool, children's splash pool, a hydrotherapy pool, sauna and stylish restaurant, The Deck, complete with a stunning central feature fire.

Outside there is a sun terrace, sunset spa surrounded by an edge pool, plus a vitality pool with a focal point of heritage – a Cornish granite menhir.

- > Regular members' events and special offers.
- > **10% discount** on food and drink (including alcohol) in all bars and restaurants on site 24/7 (*subject to availability and limited to parties of six including the member*).
- > **10% discount** on spa treatments (*members only*).
- > **10% discount** on spa retail products, plus special members' offers at events.
- > Discounted hotel stays and complimentary room upgrades (*subject to availability*).
- > A dozen complimentary guest passes, spread out at one per month over the year.
- > Celebration gift voucher on your birthday for two glasses of champagne and a box of handmade chocolates.
- > Access to the hotel's concierge services.

Spa

- > A large tranquil spa with its own swimming pool, hot tub, sauna and Cornish salt steam room – and no children.
- > Seven treatment rooms including two couple's rooms, one with a VIP private lounge suite and Rhassoul.
- > Life Fitness gym with complimentary induction session.
- > Glass studio solely for manicures, pedicures and make up.
- > Dedicated sea view spa restaurant where dining in robes is the norm.
- > Comfortable, very cosy and quiet relaxation lounge for snoozing after treatments.
- > Private sea view spa terrace for drinks, cocktails and meals.
- > Lovely changing rooms in all areas.
- > Complimentary use of robes and towels on site.
- > Free parking whilst using the facilities in the hotel or Aquaclub (*but not when going to the beach!*).

Prices

INDIVIDUAL		JOINT	
JOINING FEE	£150	JOINING FEE	£280
MONTHLY COST	£150	MONTHLY COST	£280
ANNUAL MEMBERSHIP	£1,700	ANNUAL MEMBERSHIP	£3,360
<i>12 month contract</i>		<i>12 month contract</i>	

Membership Terms and Conditions apply and these are to be read in conjunction with the AquaClub and Spa Terms and Conditions – please see the website for details.

The Headland

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