

OCEAN
MEMBER*Individual membership application form*

First name:

Other names:

Surname:

Address:

Postcode

Phone number:

Email address:

Date of birth:

Next of kin (name and contact details):

Car registration:

Occupation:

I confirm that I have read and understood the Terms and Conditions relating to the membership and the general Terms and Conditions.

Signature:

Date:

For office use only

Today's date:

Method paid by:

Joining fee: **£175***Direct debit*Monthly cost: **£175**

Start date of Direct Debit:

Annual payment amount: **£2,170**

Photo ID scanned

☐

Today's payment:

Picture taken

☐

Membership number:

Staff name:

OCEAN
MEMBER*Joint membership application form*

Joint member information – living at the same address

Address:		Postcode:
Member (1) First name:	Member (2) First name:	
Other names:	Other names:	
Surname:	Surname:	
Phone number:	Phone number:	
Email address:	Email address:	
Date of birth:	Date of birth:	
Next of kin (name and contact details):	Next of kin (name and contact details):	
Car registration:	Car registration:	
Occupation:	Occupation:	

I confirm that I have read and understood the Terms and Conditions relating to the membership and the general Terms and Conditions.

Signature (1):	Date:
Signature (2):	Date:

For office use only

Today's date:	
Method paid by:	
Joining fee: £330	<i>Direct debit</i>
Monthly cost: £330	Start date of Direct Debit:
Annual payment amount: £4,092	Photo IDs scanned ☐
Today's payment:	Pictures taken ☐
Membership number:	Staff name:



OCEAN MEMBER

Health questionnaire

Name:

D.O.B:

Age:

Gender:

Address:

Postcode:

Telephone:

Mobile:

Doctor's name:

Doctor's address:

Doctor's telephone:

☐ **I confirm** I do NOT require a gym induction and acknowledge that use of the gym is at my own risk. The Headland accepts no liability to me for any injury, loss or damaged caused.

Statement. I have read, understood and completed the health screening questionnaire and confirm that I have answered all questions honestly and that the information given is correct. I am fully aware that it is my responsibility to update in writing any changes to my medical history, personal information or details as any changes occur and I will give this to the membership secretary.

Signature:

Print name:

Date:

THE HEADLAND



ROB
HOTELS

How would you describe your day to day stress level?

How do you help relieve stress?

Have you had any recent surgery?

Yes ☐ No ☐

Are you/have you ever been a cancer patient?

Yes ☐ No ☐

Do you wear contact lenses?

Yes ☐ No ☐

Do you have any skin problems?

Yes ☐ No ☐

Do you suffer from any allergies, including chlorine?

Yes ☐ No ☐

Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by your doctor?

Yes ☐ No ☐

Do you feel pain in your chest when you do physical activity?

Yes ☐ No ☐

Do you lose your balance because of dizziness or do you ever lose consciousness?

Yes ☐ No ☐

Do you have a bone or joint problem that could be made worse by a change in your physical activity?

Yes ☐ No ☐

Do you know of any other reason why you should not do physical activity?

Yes ☐ No ☐

Are you currently on any medication prescribed by your doctor (e.g. for high blood pressure, heart conditions)?

Yes ☐ No ☐

Are you or have you been pregnant in the last 6 months?

Yes ☐ No ☐

Do you suffer from any problems of the lower back (e.g. chronic pain or numbness)?

Yes ☐ No ☐

If you answered yes to any of the above health questions please give more detail below:

Are you a confident swimmer?

Yes ☐ No ☐

For full Terms and Conditions please view the website www.headlandhotel.co.uk

The Headland, Fistral Beach,
Newquay, Cornwall, TR7 1EW

+44 (0)1637 870 200/870 204

memberships@headlandhotel.co.uk



OCEAN MEMBER

INCLUDES ACCESS TO THE ICONIC HEADLAND HOTEL AND SPA
AND ITS AWARD-WINNING LUXURY FACILITIES

AquaClub

Three indoor pools which include a 25m pool, children's splash pool, a hydrotherapy pool, sauna and stylish restaurant, The Deck, complete with a stunning central feature fire.

Outside there is a sun terrace, sunset spa surrounded by an edge pool, plus a vitality pool with a focal point of heritage – a Cornish granite menhir.

- > Regular members' events and special offers.
- > 10% discount on food and drink (including alcohol) in all bars and restaurants on site 24/7 (subject to availability and limited to parties of six including the member).
- > 10% discount on spa treatments (members only).
- > 10% discount on spa retail products, plus special members' offers at events.
- > Discounted hotel stays and complimentary room upgrades (subject to availability).
- > A dozen complimentary guest passes, spread out at one per month over the year.
- > Celebration gift voucher on your birthday for two glasses of champagne and a box of handmade chocolates.
- > Access to the hotel's concierge services.

Spa

- > A large tranquil spa with its own swimming pool, hot tub, sauna and Cornish salt steam room – and no children.
- > Seven treatment rooms including two couple's rooms, one with a VIP private lounge suite and Rhassoul.
- > Life Fitness gym with complimentary induction session.
- > Glass studio solely for manicures, pedicures and make up.
- > Dedicated sea view spa restaurant where dining in robes is the norm.
- > Comfortable, very cosy and quiet relaxation lounge for snoozing after treatments.
- > Private sea view spa terrace for drinks, cocktails and meals.
- > Lovely changing rooms in all areas.
- > Complimentary use of robes and towels on site.
- > Free parking whilst using the facilities in the hotel or Aquaclub (but not when going to the beach!).

Prices

INDIVIDUAL		JOINT	
JOINING FEE	£175	JOINING FEE	£330
MONTHLY COST	£175	MONTHLY COST	£330
ANNUAL MEMBERSHIP	£1,995 + £175 joining fee £2,170 payment	ANNUAL MEMBERSHIP	£3,762 + £330 joining fee £4,092 payment
12 month contract		12 month contract	
Membership Terms and Conditions apply and these are to be read in conjunction with the AquaClub and Spa Terms and Conditions – please see the website for details.			

The Headland

Fistral Beach, Newquay,
Cornwall, TR7 1EW
+44 (0)1637 870 200/870 204
memberships@headlandhotel.cv

THE HEADLAND



ROB
HOTELS