

Restaurant  
by the Sea

Ren  
Mor

# BREAKFAST

£30 per adult

£15 per under 12

Fresh juices

Tea or coffee

Chilled Cornish water

*Why not enjoy some  
sparkling at breakfast  
with a glass of **Taittinger**  
champagne – 16*



## From the Continental buffet

Seasonal fruits salad  

Headland bircher muesli 

Homemade granola, chilled, coconut and almond milk 

Breakfast cereals  

Greek yoghurt pot    
*Berry compote and/or granola*

Croissants, pains au chocolat and Danish pastries 

Selection of Cornish charcuterie and cheeses


Porridge available on request

**7.30am – 10.30am**

Prices include VAT  
at current rate.

*For diners with special dietary requirements, please let us assist you. We have gluten/dairy free cereals, bread, spreads, muffins and more.*

 Vegetarian

 Vegan

 Gluten free

 Dairy free

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# Ren Mor




**One 'Main Event'  
breakfast dish  
is included with  
your hotel stay.**



*Additional 'Main Events'  
may be ordered for  
a £10 supplement.  
This is to help with our  
ongoing commitment  
to reducing food waste.*

-  Vegetarian
-  Vegan
-  Gluten free
-  Dairy free



Prices include VAT  
at current rate.


## The Main Event



**Smoked salmon and scrambled eggs on toast** ( on request)  
*Or without smoked salmon if preferred* (,  on request)

**A selection of classic Benedicts** ( on request)  
*Eggs Florentine with spinach*   
*Eggs Royale with smoked salmon*  
*Eggs Benedict with ham*

**Avocado on toast**  
*chimichurri* (,  on request)  
*Add poached eggs | Add crispy bacon*








**Smashed garden peas on sourdough toast** (,  on request)  
*Poached Rosedown hens eggs, crushed green herbs, lemon*  
*Try smashed garden peas instead of avocado – light, fresh,  
and bursting with flavour. It's a delicious choice with a much  
lower carbon footprint – good for you and great for the planet*

**The full Cornish breakfast** ( on request)  
*eggs as you like them, grilled streaky bacon, Phillip Warren's  
sausage, slow roast tomato, beans, hash brown*  
*Add Cornish hog's pudding*  
*Add black pudding*

**Vegetarian Cornish breakfast** (,  on request)  
*eggs as you like them, vegetarian sausage, slow roast tomato,  
beans, field mushrooms, hash brown*

**Pancakes**  
*streaky bacon and maple syrup*  
*summer berry compote and mascarpone*

## The Main Event *for those under 12*

**Boiled dippy egg and soldiers**   
**Beans on toast**  ( on request)  
**Scrambled eggs on toast**   
**Mini pancake with berries**   
**Mini Cornish breakfast** (,  on request) *an egg as  
you like it, streaky bacon, sausage, hash brown, beans*