



*Join  
us today!*

## GYM AND LEISURE MEMBERSHIPS

With the great outdoors and the world famous  
Fistral Beach, The Headland is the perfect setting  
for a healthy body and mind.

*Call us on 01637 870200*



THE  
HEADLAND  
*Spa*

*Couples save 10% when joining together.*

	Full Access 7am-10pm daily		Off-Peak Access 9am-3pm & 8pm-10pm Monday - Friday	
	Monthly*	Annual	Monthly*	Annual
Gym Only	£35	£360 £30 per month	NA	NA
Leisure Area Only	£45	£480 £40 per month	£35	£360 £30 per month
Leisure & Gym	£70	£780 £65 per month	£55	£600 £50 per month

(includes free Rhassoul once a month or get a free 30min treatment when paying upfront)

## Membership Benefits

- Your £20 joining fee will be kept as credit to use towards spa products, food and drinks in The Spa
- One complimentary Personal Training session, £20 thereafter
- 20% off treatments and food & beverage in the Spa Lounge (Monday - Thursday only)
- 20% off Sports Massages
- Use of the outdoor heated pool (Spring and Summer only)
- 10% off food in Sapphire and Terrace Restaurants
- 20% discount on hotel accommodation\*\*
- Provision of towel each visit
- Free parking whilst in the hotel
- Free fitness classes



The Headland Hotel & Spa, Newquay  
01637 870200  
spa@headlandhotel.co.uk

\* Minimum 3 month term applies. \*\* Excludes school holidays and bank holidays. Only redeemable on bed and breakfast and not in conjunction with any other offer.

\*T&C's apply