



THE TERRACE

AT THE HEADLAND

Serving local produce in a stunning setting
seven days a week
From 10.00am till 8.00pm



Wherever possible we use seasonal produce of the highest quality, sourced locally from small suppliers in the area.

Our local suppliers include:

- Brian Etherington – Meats, poultry and game
- Celtic Fish & Game, St Ives – Fish
- New Harbour Ltd, Newquay – Lobsters and fresh crab
- Chapel Farm, Newquay – Home produced milk
- Manor Green, Kestle – Local, free range eggs
- Rodda's, Redruth – Cornish dairy cheeses and cream
- Newquay Fruit Sales – Highest quality fruit and vegetables
- West Country Fruit Sales - Highest quality fruit and vegetables
- Callestick Farm - Luxury ice creams and sorbets

BRUNCH SERVED 10 AM TILL NOON

DORSET CEREALS

choice of 6 delicious mueslis, please ask for details, served with natural yoghurt and fresh fruit £4.95

EGGS BENEDICT

free range poached eggs on an English muffin with smoked bacon and hollandaise £7.95

HEADLAND COOKED CORNISH BREAKFAST

grilled pork sausage, 2 rashers of back bacon, tomato, hogs pudding, potato cake, field mushroom, fried free range egg served with white or granary toast (vegetarian sausages available) £11.95

SCRAMBLED EGGS

on granary toast with smoked salmon £7.95
on granary toast with smoked bacon £6.95

NEED TO WAKE UP?

FRESHLY GROUND COFFEE £2.15

CAPPUCCINO, FRAPPACINO, MOCHA, LATTE £2.75

ESPRESSO £2.10

HOT CHOCOLATE

with marshmallows and whipped cream £2.85

MILK SHAKES

chocolate, strawberry and banana £2.75

NEW AT THE HEADLAND! TWINING LOOSE LEAF TEA

TRADITIONAL ENGLISH - classic, robust and traditional tasting tea (decaf available) £2.55

EARL GREY – light, aromatic and floral in character £2.55

DARJEELING – lighter, fine flavour with intensity, it has a muscatel & honey character £2.55

ASSAM – bursting with rich, malt character, a full bodied tea £2.55

PEPPERMINT – this vibrant and clean infusion is sure to blow the cobwebs away £2.55

BLACKCURRANT & LAVENDER – fresh and fruity with a touch of warmth £2.55

ROOIBOS, ORANGE & CINNAMON – a little taste of Africa combined with sweet oranges £2.55

LONG JING GREEN – cleansing, a full bodied green tea £2.55

LONG LUNCH AND EARLY SUPPER

FRESHLY PREPARED SOUP

changing daily, made from the freshest seasonal produce and served with warm bread £4.50

LOCALLY PRODUCED CUMBERLAND SAUSAGE

with root vegetable mash and onion gravy

Starter £5.95
Main £9.95

FALMOUTH BAY MUSSELS WITH GARLIC CIABATTA

with garlic, onion, parsley, white wine and cream

with Cornish Orchard cider, onion, local leeks, parsley, cream

Starter £6.95
Main £12.95

HEADLAND BURGER

made with prime Cornish ground steak, onion and seasoning

£9.95

HEADLAND VEGETARIAN BURGER

mixed bean, potato and vegetables with Cajun spices

£9.95

CRIBBAR BURGER

our fantastic Headland burger topped with Davidstow cheddar, smoked bacon and fried onions

£11.95

all our burgers are served in toasted focaccia breads with chunky hand cut chips

HEADLAND CAESAR

crisp ripped cos lettuce, baked garlic croutons, fresh parmesan and classic Caesar dressing

with anchovies

with chicken

£8.95

£9.95

£11.95

CORNISH MARKET FISH AND CHIPS

prime white local fish in a local ale batter, pea purée and chunky hand cut chips

£11.95

CORNISH FISH PIE

local market seafood, bound in a white wine veloute, topped with creamed cheese mash and served with panache of fresh vegetables

£10.95

LINGUINE PASTA

With crayfish tails, pancetta, garlic and red pepper sauce

£12.95

with chargrilled vegetables, garlic and pesto

£9.95



JANUARY SET MENU OFFER
ANY TWO COURSES FOR £9.95

STARTER

HOME MADE SOUP OF THE DAY

warm bread

MAIN

HOME MADE CHICKEN AND SMOKED HAM PIE

roast potatoes, panache of vegetables

or

CORNISH YARG, POTATO AND LEEK PIE

roast potatoes, panache of vegetables

DESSERT

HOT LEMON AND APRICOT SPONGE

vanilla custard

YUMMY CHILDREN'S DISHES
UNDER 10 YEARS OLD

FRESH MELON (V)

Chunks of fresh juicy honeydew melon with fresh apple juice syrup £2.95

CHEESY GARLIC BREAD (V)

£2.95

TOMATO SOUP (V)

with crunchy croûtons £2.95

FISH PIE

fresh white fish cooked in a creamy sauce, topped with cheesy mash potato, served with garlic bread £5.95

HEADLAND MINI BURGER

simply a smaller version of our delicious Headland burger, served with skinny fries £6.95

HEADLAND FISH AND CHIPS

with garden peas and skinny fries £6.95

LINGUINE PASTA (V)

in a tomato sauce, grated cheddar cheese £6.95

Children's portions of any meal are available upon request at £7.95

FRESHLY MADE SANDWICHES
ON SOFT BROWN OR WHITE BREAD, WITH POTATO CRISPS

SMOKED SALMON WITH LEMON CRÈME FRÂICHE	£7.50
CORNISH CRAB AND MAYONNAISE	£9.95
PRAWN AND DILL	£7.50
RARE BEEF AND HORSERADISH	£5.95
HOME COOKED HAM AND CHUTNEY	£5.95
DAVIDSTOW CHEDDAR CHEESE AND PICKLE	£5.95

THE LITTLE EXTRAS

SKINNY FRIES (v)	£2.75
DRESSED GREEN SALAD (v)	£2.75
FRESH OLIVES AND BLUSH TOMATOES	£2.25
GARLIC CIABATTA (v) baked with garlic, parsley and Cornish butter	£2.75
PANACHE OF SEASONAL VEGETABLES	£2.75
FRESH BREAD BASKET	£1.95



PUDDING TREATS

STEAMED DATE AND WALNUT PUDDING Butterscotch sauce	£4.95
BELGIAN CHOCOLATE MOUSSE Served in a chocolate shell, with homemade chocolate chip shortbread	£4.95
OATMEAL MERINGUE Saffron poached pears, chantilly cream, blackberry coulis	£4.95
CORNISH CHEESE PLATTER Davidstow cheddar, local brie and Cornish blue served with biscuits and grapes	£5.95
CALLESTICK FARM ICE CREAMS vanilla seed, strawberry and clotted cream, chocolate heaven (white and dark chocolate ice cream with white and dark chocolate pieces), apple pie, butterscotch and pecan, white chocolate and raspberry	
1 scoop	£2.25
2 scoops	£3.25
3 scoops	£4.75
Terrace Sundae	£5.95

**PLEASE HAVE A LOOK AT OUR DELIGHTFUL
HOMEMADE CAKES AND TREATS
DISPLAYED IN THE TERRACE**



THE REAL THING

THE HEADLAND CORNISH CREAM TEA *(FOR ONE PERSON) SERVED ALL DAY*

Two home baked scones with Rodda's Cornish clotted cream and Boddington's Cornish strawberry jam.

A pot of loose leaf tea or cup of fresh ground coffee.

£6.95

THE HEADLAND FULL AFTERNOON TEA *(FOR TWO PEOPLE) SERVED 3.00PM TILL 6.00PM*

A silver cake stand loaded with:

A selection of finger sandwiches (including smoked salmon and cream cheese, egg mayonnaise and watercress, cucumber)

Scrumptious home baked scones (with clotted cream and jam)

A selection of fabulous cakes, delicious buns and divine fancies!

A pot of loose leaf tea or cup of fresh ground coffee.

£30.00



WHAT'S ON AT THE HEADLAND



Coastal Calorie Cleanse
16th to 17 January 2010

Outrageously Romantic Experience Throughout February



Contact our Reservations Team for details

Terms and conditions apply. Offers are subject to availability and may be withdrawn without notice at any time.