

THE HEADLAND

Sunday Lunch Sample Menu

12.30pm – 2.30pm

To Start

Winter vegetable broth
rosemary fococcia croutons

Smoked chicken and pesto pate
crisp toasts, red onion jam and leaf salad

Smoked haddock fish cake
hot tartare cream and steamed mussels

Roasted potato gnocchi
sun blushed tomatoes, pine nuts, herb dressing and parmesan

Main Course

Roast fore rib of Cornish beef
Yorkshire pudding, roast red wine gravy, roast potatoes and winter vegetables

Pan fried Newlyn mackerel fillets
buttered mash, broccoli florets and shellfish sauce

Breast of chicken with Cornish chorizo sausage
sweet potato and sun blush tomato risotto

Potato, leek and mushroom pie
roast vegetable gravy, mash, sautéed greens

Table of Home Made Puddings

a fresh selection of chef's home made desserts

Adults - £17.95, Children under 10 - £12.95

To Finish – Coffee and Tea

Try one of our speciality teas or coffees, see over for details

Wines

	125ml glass	Bottle
House Champagne, Mumm - France	£7.95	£39.50
White wines	175ml glass	Bottle
Headland Dry White, - Argentina	£4.50	£16.95
Ponte del Diavolo Pinot Grigio, Friuli - Italy	£5.95	£22.00
Cloudy Bay Sauvignon Blanc, Marlborough - New Zealand		£39.00
Red Wines		
Headland Hotel Red, - Australia	£4.50	£16.95
Gran Sasso Montepulciano d'Abruzzo - Italy	£5.95	£22.00
Smith & Hooper "100 of Joanna", Wrattenbully, Australia	£6.50	£25.00
Izadi Rioja Crianza, Rioja - Spain		£29.50
Dessert Wine	125ml glass	Bottle
Fairview "Sweet Red", Paarl - South Africa	£4.95	£28.00

Please ask for our full wine list for a more extensive choice.

Coffee and Tea

Filter Coffee	£2.15
Cappuccino	£2.75
Espresso	£2.10
Bailey's Latte	
Espresso and steamed milk laced with creamy Irish liqueur	£5.95
Irish Coffee	
Espresso and Jameson Irish Whisky topped with Cornish double cream	£5.95
Napoleon Coffee	
Espresso and Hennessy Brandy topped with Cornish double cream	£5.95
Calypso Coffee	
Espresso and coffee liqueur topped with Cornish double cream	£5.95
Loose Leaf Tea	
Regular or decaffeinated	£2.55
Speciality Teas	
Earl Grey, Ceylon, Assam, Lapsang Souchong, Darjeeling, Herbal Fruit Teas, Green Tea	£2.55