

S P A

Set Lunch Menu 2 course Lunch (+£8 for 3 courses)

Starters

Roasted tomato soup,
crusty bread  ( on request)


Cornish rarebit,
chilli jam 



Crispy onion fritters,
apple chutney 

Ham hock bon bons,
sweet mustard sauce

**Chorizo & red pepper
croquettes,** *crème fraiche,*
parmesan



Main courses


Roasted cauliflower,
lemon & tahini, Cornish "feta",
pomegranate & watercress  

**Chicory, green apple & roasted
hazelnut,** *chipotle marinated*
Padstow fresh cheese  

**Grilled marinated
mackerel Caesar salad**


**Citrus cured chalk stream trout
bagel,** *marinated cucumber, coriander*
crème fraiche ( on request)


**Shitake mushroom, spinach
& cashew linguine,** *tarragon &*
parmesan crumb  ( on request)

The Terrace burger,
Davidstow cheese, smoked bacon,
dill pickles, tomato relish,
French fries ( on request)

**Moving Mountains vegan
burger,** *vegan cheese,*
tomato relish, French fries 

Desserts

Banana parfait,
toffee sauce, lime 

Vanilla panna cotta,
rhubarb, ginger 

Warm chocolate brownie,
vanilla ice cream
  ( on request)

**Selection of ice creams and
sorbets from Callestick farm**

 **Vegetarian**  **Vegan**  **Gluten free**  **Dairy free**

If you have any allergies please inform your server so that we may take good care of your requirements.

The Headland
Fistral Beach, Newquay, Cornwall, TR7 1EW, England
+44 (0)1637 872 211 | reception@headlandhotel.co.uk

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a la carte

Soft drinks	<p>Juice</p> <p>Apple, orange, cranberry, pineapple 3.35</p> <p>Frobishers Fruit Fusion</p> <p>Apple & Raspberry 3.35</p> <p>Apple & Mango 3.35</p> <p>Orange & Passion Fruit 3.35</p> <p>Healeys Farm Cornish Soft Drinks</p> <p>Avalade Traditional Lemonade 3.35</p> <p>Avalade Sparkling Apple 3.35</p> <p>Softs</p> <p>Coca-Cola, Diet Coke, Lemonade 3.35</p> <p>Bottled Still or Sparkling Water Small 3.35 Large 4.50</p>
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Smoothies	<p>Berry Burst 7</p> <p><i>blackberries, blackcurrants, blueberries, banana</i></p> <p>Organic Sunshine 7</p> <p><i>passion fruit, pineapple, banana, mango</i></p> <p>Super Green 7</p> <p><i>spinach, avocado, apple, spirulina, basil, lime</i></p>	Coffees and teas	<p>Americano 3.35</p> <p>Cappuccino Latte 3.95</p> <p>Espresso Macchiato 2.95</p> <p>Double espresso 3.8</p> <p>Flat white 3.85</p> <p>Mocha 3.95</p> <p>Babyccino 0.6</p> <p>Hot chocolate 3.95</p> <p>The Works hot chocolate, <i>cream and marshmallows</i> 4.2</p> <p>Loose leaf tea 3.2</p>
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